

SPAN-4700, Selected Topics in Latin American Literature or SPAN-4800, Select Topics in Spanish Literature

Note: At least 12 hours towards the major must be completed on campus at Benedictine and not through study abroad.

Requirements for Prospective Teachers of Spanish:

The student will complete the Spanish major as outlined above. In addition, the student will complete FORL-4457. The student will also complete a major in Secondary Education.

The requirements for a minor in Spanish:

SPAN-1000, Beginning Spanish
SPAN-1020, Second Semester Spanish

SPAN-2010, Intermediate Spanish
SPAN-2020, Intermediate Spanish II
SPAN-3040, Introduction to Hispanic Literature and Literary Analysis

and nine additional hours of upper-division courses in Spanish.

Transfer students who intend to major or minor in Spanish must take a minimum of 50% of the 3000-level and above courses required for the major either at Benedictine College or through an approved study abroad programs.

Suggested sequence of courses for a Bachelor of Arts degree in Spanish*

Freshman Year			
ENGL-1010, English Composition	3	PHIL-1750, Principles of Nature	3
SPAN-1000, Beginning Spanish	4	SPAN-1020, Second Semester Spanish	3
THEO-1100, Introduction to Theology	3	EXSC-1115, Wellness for Life	1
Two Foundations courses (see below)	6-7	EXSC Fitness course	1
GNST-1000, BC Experience	1	Two Foundations courses (see below)	6-7
		Elective or foundation	3
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	17-18		17-18

Student should select courses from the following Foundations during the freshman and sophomore years:

- Historical Inquiry (1 course)
- Natural World (1 course with or without lab)
- Person and Community (1 course; recommended freshman year)
- Faith (1 course; recommended sophomore or junior year)
- Mathematical Reasoning (1 course)

Sophomore Year			
SPAN-2010, Intermediate Spanish	4	SPAN-2020, Intermediate Spanish II	3
Natural World Foundation	3-4	SPAN-3040, Intro to Hisp Lit & Lit Analy.	3
Philosophical Inquiry Foundation	3	Faith Foundation	3
Electives or foundation	6	Electives or foundation	6
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	16-17		15

Junior Year			
SPAN-3040, Intro to Hispanic Literature	3	Spanish Civilization and Culture or	
SPAN-3400, Intro to Hispanic Linguistics	3	SPAN-3720, Latin Amer Civ and Culture)	
Philosophical Inquiry Foundation	3	(Study Abroad)	
Electives	6		
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	15		17

*Please note that students majoring in Spanish are encouraged to double major; thus, courses indicated as electives would ideally fulfill another major.

Suggested sequence of courses for a Bachelor of Arts degree in Spanish* (Continued)

	Senior Year		
SPAN-3650, Survey of Latin American Lit. or SPAN-3660, Survey of Spanish Lit.	3	SPAN-COMP, Senior Comprehensive Spanish Elective	cr 3
SPAN-4700, Selected Topics in Latin Amer Lit or SPAN-4800, Select Topics in Spanish Literature	3	Electives	15
Mathematical Reasoning Course	3		
Electives	9		
	<hr/>		<hr/>
	18		18

*Please note that students majoring in Spanish are encouraged to double major; thus, courses indicated as electives would ideally fulfill another major.

Speech Communication

Benedictine College offers speech communication to the general student body in fulfillment of the oral communication skills and perspectives general education requirement. Speech Communication is offered by the Department of Theatre & Dance.

Spiritual Direction

Five graduate-level classes in spiritual direction are offered as an option for students who take part in Souljourners, an ecumenical formation program for spiritual directors/companions. Souljourners is offered through Sophia Center, the spirituality center of the Benedictine Sisters of Mount St. Scholastica, one of the co-sponsors of Benedictine College. These stand-alone classes may not be used toward any undergraduate or graduate degree program offered at Benedictine College.

Strength and Conditioning

Program Mission

The mission of the Strength and Conditioning program at Benedictine College is to provide a top tier education in the community of faith and scholarship. We are committed to the preparation and development of skills necessary to successfully engage in a career in Strength and Conditioning or to pursue post-undergraduate education. The Program collaborates with the National Strength and Conditioning Association.

Program Outcomes

1. Graduates will have the ability to assess the physical ability of an athlete specific to a sport or desired fitness level.
2. Graduates will have the ability to design a strength and conditioning program to meet the needs of an athlete or individual.

3. Graduates will understand the energy systems of muscle physiology and to have an ability to manipulate programs to meet those needs.
4. Graduates will demonstrate the ability to manage and utilize a strength and conditioning facility.
5. Graduates will reflect on his or her volunteer experiences related to field professionals, including how these experiences developed the ability to interact with people of diverse backgrounds and experiences as colleagues, clients, and students.

Transfer students must complete at least 40% of their major course work at Benedictine College to receive a B.A. in Strength and Conditioning.

Strength and Conditioning Major (43)

The Strength and Conditioning major is committed to student preparation and development of skills necessary to successfully engage in a career in